

SYNDIAKONIA

THE MONTHLY BULLETIN

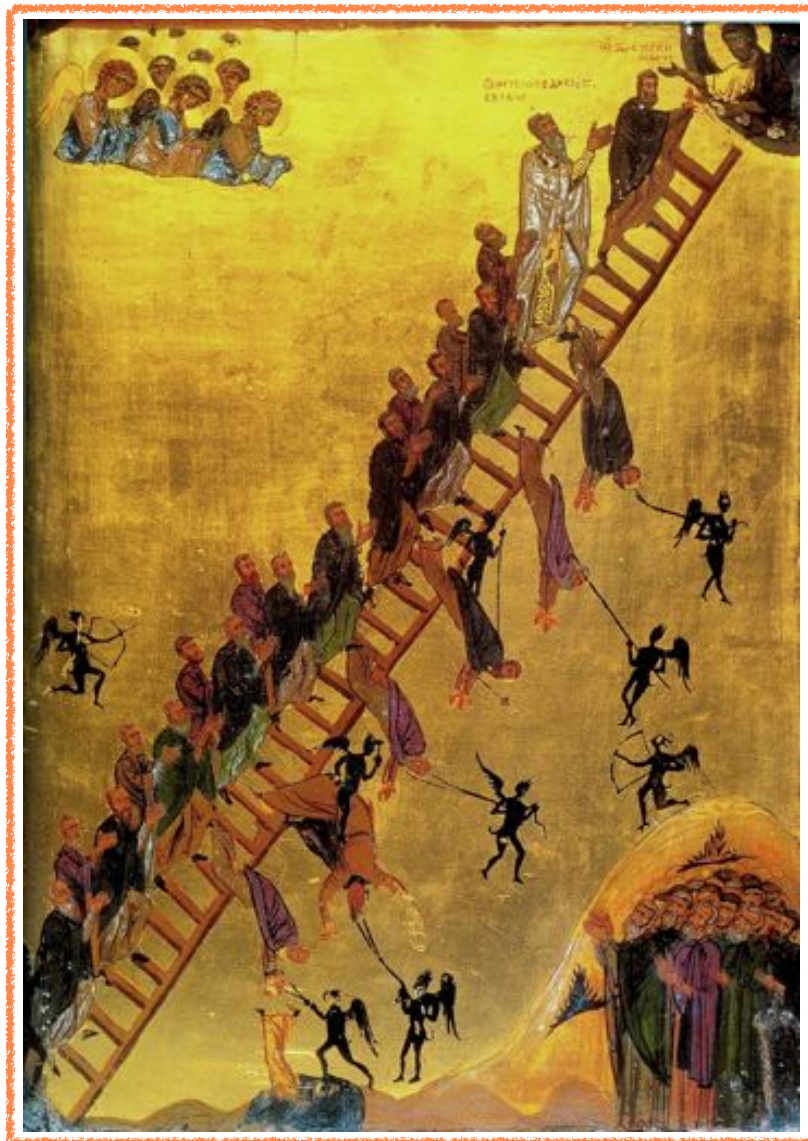
OF THE

HOLY TRANSFIGURATION GREEK ORTHODOX CHURCH

ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ ΜΕΤΑΜΟΡΦΩΣΕΩΣ ΤΟΥ ΣΩΤΗΡΟΣ

Marietta, GA

FEBRUARY 2010



THE LADDER OF DIVINE ASCEND

HOLY TRANSFIGURATION

GREEK ORTHODOX CHURCH

*3431 Trickum Road
Marietta, GA 30066*

Tel. 770 924-8080

Fax 770 924-3030

Website: www.holytrans.org

CHURCH OFFICE

Open Monday-Friday, 9:30 am - 5:30 pm

E-mail: holytrans@comcast.net

SUNDAY SERVICES

Orthros..... 8:45 am Divine Liturgy..... 10:00 am

PARISH CLERGY

*Rev. Father Panayiotis Papageorgiou, Ph.D.,
Presiding Protopresbyter*

Rev. Father George Pallas, Protopresbyter

Pastoral Assistant: Paul Lundberg

PARISH COUNCIL-EXECUTIVE COMMITTEE

President.....Drew Dudley

First Vice-President.....Maria Alberts

Recording Secretary.....Tina Isaac

Treasurer.....Harry Catrakilis

Assistant Treasurer.....Manolis Kipreos

COUNCIL MEMBERS

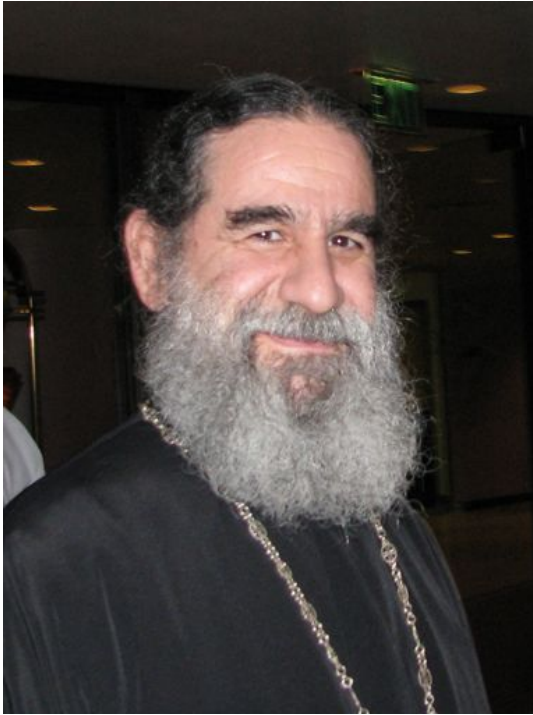
Pete Bilson, Cedric Dunkerly, Alex Miltiades, Alan Knuchel,
Andy Melissas, Stephen Miltiades, Christina Westmoreland

Directions to our Parish:

FROM I-75 Exit at 267-A. At 1st light, turn right (Sandy Plains Road). Continue for 3-4 miles until you see a CVS Pharmacy on your left. At that light turn left onto Trickum Rd. Proceed Approx 1/2 mile. Church will be on your left. Can't miss it!

<http://www.holytransfiguration.info/directions/>

fasting - A Personal Ascesis



On Monday, February 15 we enter the period of the Great Fast-Great Lent. This is always a challenging time for many people, especially those who have not seriously tried to fast in the past. Many people, faced with this challenge ask the question: Is fasting necessary?

The practice of fasting is indeed a most ancient one. The most profound example of fasting in the Old Testament was that of Moses as he ascended Mount Sinai purifying his body, soul and mind in order to be able to meet God and converse with Him: "He was there with the LORD forty days and forty nights; he neither ate bread nor drank water". (Exod. 34:28) As he ascended the mountain he left behind every worldly care. When he returned to the Jewish people bearing the plaques of the Ten Commandments inscribed by the finger of God he was filled with the Glory of God. His face was shining like the sun and the people could not even look at him (Exod. 34:29ff). This came about as Moses reached the ultimate state of purification (Catharsis) which allowed him to become a dwelling place of the Uncreated Light of God. Fasting was an essential personal ascesis leading to this purification. His desire to talk with God led him to do it.

This is the main reason for which we need to fast, as well! It's a personal effort with the goal of connecting with God intimately.

The New Testament period begins with a man who lives on locusts and wild honey, St. John the Baptist (Matt. 3:4; Mark 1:6). St. John embraces this personal discipline, transforming himself to serve as a witness to the Messiah. Our fasting can make us also witnesses of God's love.

Finally, the practice of fasting was sanctioned by our Lord Jesus Christ Himself, when He fasted for forty days in the desert, before he embarked on His earthly ministry; He began His fight against the devil (Matt. 4:2) with a strict form of fasting accompanied by prayer. Through our personal fasting we may also defeat the devil and his temptations. Christ is always there to help us.

The ultimate goal of fasting is to help us keep the commandments of God. It is a form of spiritual training or askesis, which helps us acquire spiritual discipline. Fasting helps us detach ourselves from the earthly pleasures of the flesh. It helps us discipline our desires and take control of our passions. By managing to control what goes into our mouth and stomach we train ourselves to be able to control what comes out of our mouth and heart. Through the discipline of fasting we may also become able to control our eyes and avoid looking at things which will aggravate our passions further. Fasting will also enable us to control our anger and above all our pride.

According to St. John Chrysostom, fasting is to the soul what food is to the body. In the same way as material food nourishes the body, so also fasting strengthens the soul and makes its wings lighter and able to move more easily; fasting helps lift the soul above this world and bring her to communicate uninhibited with the Creator, having freed her from her attachment to the pleasures and lusts of this life.

Fasting, however, should always be accompanied by (i) Prayer, (ii) Repentance for our sins, (iii) Forgiveness of others, (iv) Reading of the Bible and other spiritual books and (v) Almsgiving.

Let's try it again this year. We can only gain from it!

Let us keep the fast as much as each one is able!

Fr. Panayiotis



3431 Trickum Road

Marietta, GA 30066

Tel. 770-924-8080, Fax 770-924-3030

Rev. Fr. Panayiotis Papageorgiou, Ph.D., Protopresbyter

SCHEDULE OF SERVICES

February 2010

February 1, Monday, Blessing of the water 10:00 am.

Monday Evening: Great Vespers, 6:00 pm.

February 2, Tuesday, Presentation of our Lord Jesus Christ.

Orthros 9:00 am and Divine Liturgy 10:00 am.

February 6, Saturday of the Souls, Memory of all the departed Orthodox Christians.

Orthros 8:45 am & Divine Liturgy 10:00 am.

February 7, Sunday, Meat-Fare Sunday.

Orthros 8:30 am and Divine Liturgy 10:00 am. Last day before Great Lent when we eat meat.

During this week (including Wednesday and Friday) we may eat all things except meat.

February 13, Saturday of the Souls, Memory of all who shown in asceticism.

Orthros 8:45 am & Divine Liturgy 10:00 am. **Saturday Evening,** Great Vespers, 5:00 pm.

February 14, Sunday, Cheese-Fare Sunday. Orthros 8:30 am and Divine Liturgy 10:00 am.

Sunday Evening: Vespers of Forgiveness, 5:00 pm

February 15, Clean Monday, Beginning of Great Lent. Great Compline, 6:00 pm

The Great Compline will be celebrated on Mondays and Thursdays at 6:00 pm.

February 17, First Wednesday of Great Lent. Divine Liturgy of the Presanctified Gifts, 5:45 pm

A Lenten Dinner will be offered at 7:00 pm followed by a **Lecture and Discussion**.

February 18, Thursday, Great Compline 6:00 pm

February 19, Friday. First Salutation to the Theotokos 7:00 pm.

February 20, Saturday. Divine Liturgy: Commem. of the miracle of St. Theodore with the Kolliva.

Orthros 8:45 am & Divine Liturgy 10:00 am. **Saturday Evening,** Great Vespers, 5:00 pm.

February 21, Sunday of Orthodoxy. Orthros 8:30 am, Divine Liturgy 10:00 am. Procession of Holy Icons. **Evening: Pan-Orthodox Vespers** for Sunday of Orthodoxy at **local Orthod. Church** 6:00 pm

February 22, Monday, Great Compline 6:00 pm

February 24, Second Wednesday of Great Lent. Divine Liturgy of the Presanctified Gifts, 5:45 pm

A Lenten Dinner will be offered at 7:00 pm followed by a **Lecture and Discussion**.

February 25, Thursday, Great Compline 6:00 pm

February 26, Friday. Second Salutation to the Theotokos 7:00 pm.

February 27, Saturday, Great Vespers 5:00 pm

February 28, Second Sunday of Great Lent. St. Gregory Palamas.

Orthros 8:30 am and Divine Liturgy 10:00 am.



ST. HARALAMBOS THE HIEROMARTYR

FEBRUARY 10

Apolytikion of St. Charalambos the Martyr and Miracle-Worker

"As pillar unshaken of Christ's holy Church
and lamp ever-burning to all the world,
you emerged, O wise Charalambos.
In all the world you shined with the martyrdom you suffered.
You dispelled the dark night of the idols O blessed.
Thence with daring do intercede to Christ that we may be saved."

In the early Church, the term "martyr" was originally used when characterizing the Apostles as witnesses of Christ's life and resurrection [Acts 1:8, 22]. Due to the persecutions that the early Christians endured, however, the term was applied to those who gave their lives for the Christian Orthodox Faith.

In Greek, the word "martyras" means, "witness" and, the verb form, to be martyred, means to "bear witness" or "give evidence." Though martyrdom was not a constant experience for the early Church, it was a possibility with which the early Christians had to reckon. It was the consummate act of faith for as the Lord said: "Greater love has no one than this, than to lay down one's life for his friends" (John 15:13). Before actually being executed, however, the martyr usually endured extreme physical and moral sufferings.

One of the saints recorded to have endured the greatest suffering of any martyr was the presbyter Haralambos. As a second century priest in Magnesia, Asia Minor, he served his people with great faith and love. His reputation as a man of God had spread throughout the area and many people came to the Faith through his preaching of the Good News of Jesus Christ.

During a period of extreme persecution, Haralambos did not hide, but openly and boldly preached the Christian Orthodox Faith! When Haralambos was finally arrested for having the courage to preach the Gospel, his persecutors devised a plan of persecution for everyone to witness. Although he was tortured repeatedly, he never denounced his faith in Jesus Christ. For several months this persecution went on and not once did Haralambos weaken in his faith. Forced to suffer extreme pain and degradation, he continued to preach and many miracles and conversions took place among the people.

When the soldiers thrashed the skin from his body Haralambos said: "Thank you, my brethren, for scraping off the old body and renewing my soul for new and eternal life," In the final moments of his life, moments before he was to be beheaded, Haralambos lifted his hands to heaven and prayed for all humankind: "Lord, You know that men are flesh and blood; forgive them their sins and pour out Your blessing on all." Following this prayer the saint gave up his soul to God and died without the sword being laid to his neck. The Holy Spirit filled the martyrs and inspired them.

Although we may not experience similar persecution in our day and age, we, too, are called to follow the blessed example of the martyrs. Having partaken in the Holy Mysteries of the Church through Holy Baptism, Chrismation and the Eucharist, we are obligated to follow the example of the saints and strengthen our Church with our own sacrifice. As stewards of our precious Christian Orthodox Faith, we are called to support our local parish, strengthening and enabling the Orthodox Church in America to preserve and proclaim the Faith of the Apostles, Martyrs and Fathers of the earlier centuries. Let us be witnesses of the Faith by offering our Time, Talents, and Treasure to the glory of God.

ST. THEODORA THE EMPRESS

COMMEMORATED FEBRUARY 11

Anyone bearing the name Theodora must feel an inner pride in having been so named. It not only means the "gift of God," but is also the namesake of one of the most noble women of the Christian Church. Theodora was the wife of Theophilos, Emperor of the Byzantine Empire during the ninth century, when the Empire was at its zenith and encompassed the entire civilized world. During that period iconoclasm was a strong movement which swept the Empire. The supporters of the iconoclastic movement believed that icons should be purged from the church. They thought that veneration of icons was tantamount to idolatry. In fact, some Christians of that time, influenced by the pagan religion from which they converted, treated icons as objects of worship. As a reaction against this false understanding of the place of icons in Orthodox worship, many favored the complete elimination of icons.

Believing that they were fighting against idolatry, some Emperors issued decrees banishing icons from the churches and persecuting anyone possessing icons. Theophilos was such an iconoclast Emperor. But icons were finally restored due to the efforts of his most noble wife, Theodora secretly possessed many icons. Firm in the belief that the time has come when the icons should once again resume their rightful place in the house of God, shortly after the death of Emperor Theophilos Empress Theodora, acting as regent for her son Michael III, convoked a Council in 843 A.D which formally accepted the decision of the Seventh Ecumenical Council of 787 affirming the use of icons in Orthodox worship. The council explained that veneration is paid to Christ and the saints depicted on the icons, and not to the material substance of paint and wood.

This historic decision is celebrated each year in the Orthodox Church on the first Sunday of Great Lent, known as the Sunday of Orthodoxy. Thus, Empress Theodora gave all her support to the recognition of Holy Icons as essential elements of Orthodox worship, and in so doing proved to be an instrument of God's glory. In her lifetime she revealed her true nature to be more religious than civic, and through her faith and devotion to Christ she helped the Church to grow and prosper. With her precious icons before her, she died on February 11, 859 A.D., and was recognized as a true champion of the Orthodox Faith.

From the book "Lives of the Saints"
by Fr. George Poulos,

PRE-LENTEN CARNIVAL IN GREECE

LENTEN IN GREECE IS PRECEDED WITH A THREE-WEEK LONG PERIOD OF GAIETY AND MERRIMENT. THE CARNIVAL IS A TIME OF FANCY DRESS COLORFUL COSTUMES, MASKED FIGURES, PRACTICAL JOKES AND PROCESSIONS FEATURING CARNIVAL CHARIOTS AND FLOATS.

THE CARNIVAL IS THE PRELUDE TO THE AUSTERITY OF LENT. FESTIVITIES IN MOST OF GREECE REFLECT FOLKLORE AND TRADITIONS. PLAYS, PARADES AND SATIRES ARE STAGED IN MANY VILLAGES AND THE HERO IS OFTEN ELECTED BY THE PEOPLE, ESCORTED BY MUMMERS AND IN SOME VILLAGES IS CARRIED AROUND THE STREETS ON A TWO WHEEL CART DRAWN BY SMALL BOYS.

DAILY BIBLE READING - FEBRUARY

2/1/2010	Epistle: St. Paul's Letter to the Romans 8:28-39	Gospel: Luke 10:19-21
2/2/2010	Matins: Luke 2:25-32 Epistle: St. Paul's Letter to the Hebrews 7:7-17 Gospel: Luke 2:22-40	
2/3/2010	Epistle: St. Paul's Letter to the Hebrews 9:11-14	Gospel: Luke 2:25-38
2/4/2010	Epistle: St. John's First Universal Letter 4:20-21; 5:1-21	Gospel: Mark 15:1-15
2/5/2010	Epistle: St. John's Second Universal Letter 1:1-13	Gospel: Mark 15:20,22,25,33-41
2/6/2010	Epistle: St. Paul's Letter to the Hebrews 7:26-28; 8:1-2	Gospel: John 10:9-16
2/7/2010	Matins: Mark 16:1-8 Epistle: St. Paul's First Letter to the Corinthians 8:8-13; 9:1-2 Gospel: Matthew 25:31-46	
2/8/2010	Epistle: St. Paul's Letter to the Ephesians 2:4-10	Gospel: Matthew 10:16-22
2/9/2010	Epistle: St. Jude's First Universal Letter 1:1-10	Gospel: Luke 22:39-42, 45-71; 23:1
2/10/2010	Vespers OT1: Joel 3:12-21	Vespers OT2: Joel 2:12-26
2/11/2010	Epistle: St. Jude's First Universal Letter 1:11-25	Gospel: Luke 23:1-31, 33, 44-56
2/12/2010	Vespers OT1: Zechariah 8:7-17	Vespers OT2: Zechariah 8:19-23
2/13/2010	Epistle: St. Paul's Letter to the Galatians 5:22-26; 6:1-2	Gospel: Matthew 6:1-13
2/14/2010	Matins: Mark 16:9-20 Epistle: St. Paul's Letter to the Romans 13:11-14; 14:1-4 Gospel: Matthew 6:14-21	
2/15/2010	Orthros OT: Isaiah 1:1-20 Vespers OT1: Genesis 1:1-13 Vespers OT2: Proverbs 1:1-20	
2/16/2010	Orthros OT: Isaiah 1:19-2:3 Vespers OT1: Genesis 1:14-23 Vespers OT2: Proverbs 1:20-33	
2/17/2010	Orthros OT: Isaiah 2:3-11 Vespers OT1: Genesis 1:24-2:3 Vespers OT2: Proverbs 2:1-22	
2/18/2010	Orthros OT: Isaiah 2:11-21 Vespers OT1: Genesis 2:4-19 Vespers OT2: Proverbs 3:1-18	
2/19/2010	Orthros OT: Isaiah 3:1-14 Vespers OT1: Genesis 2:20-3:20 Vespers OT2: Proverbs 3:19-34	
2/20/2010	Epistle: St. Paul's Second Letter to Timothy 2:1-10	Gospel: Mark 2:23-28; 3:1-5
2/21/2010	Matins: Luke 24:1-12 Epistle: St. Paul's Letter to the Hebrews 11:24-26, 32-40 Gospel: John 1:43-51	
2/22/2010	Orthros OT: Isaiah 4:2-5:7 Vespers OT1: Genesis 3:21-4:7 Vespers OT2: Proverbs 3:34-4:22	
2/23/2010	Orthros OT: Isaiah 5:7-16 Vespers OT1: Genesis 4:8-15 Vespers OT2: Proverbs 5:1-15	
2/24/2010	Matins: Luke 7:17-30 Epistle: St. Paul's Second Letter to the Corinthians 4:6-15 Gospel: Matthew 11:2-15	
2/25/2010	Orthros OT: Isaiah 6:1-12 Vespers OT1: Genesis 5:1-24 Vespers OT2: Proverbs 6:3-20	
2/26/2010	Orthros OT: Isaiah 7:1-14 Vespers OT1: Genesis 5:32-6:8 Vespers OT2: Proverbs 6:20-7:1	
2/27/2010	Epistle: St. Paul's Letter to the Hebrews 3:12-16	Gospel: Mark 1:35-44
2/28/2010	Matins: Luke 24:13-35 Epistle: St. Paul's Letter to the Hebrews 1:10-14; 2:1-3 Gospel: Mark 2:1-12	



FROM THE PARISH COUNCIL PRESIDENT

Fellow Parishioners,

I am honored to serve as president of the Parish Council, and equally honored to work with such an esteemed board, both past and present. I present the 2010 Parish Council members and the ministries for which they are responsible.

- Maria Alberts – Vice President and Education Culture and Youth Diakonia Committee
- Tina Isaac – Secretary and Outreach and Welcoming Committee
- Harry Catrakilis – Treasurer and Finance Committee Chair
- Manolis Kipreos – Assistant Treasurer and Church Services Coordinator
- Andy Melissas – 2nd Assistant Treasurer and Parish Life
- Cedric Dunkerly – Iconography and Education Culture and Youth Diakonia Committee
- Alex Miltiades – Stewardship and Building Fund
- Alan Knuchel – Facilities and Stewardship
- Stephen Miltiades – Facilities
- Pete Bilson – Parish Life
- Christina Westmoreland – Outreach and Welcoming Committee

On behalf of the Parish Council, I want to thank each of you for all your support over the past years. The parish has accomplished much over the past couple of decades. Ten years from now, it is our hope that we will be able to reflect on 3 decades of success and growth, both spiritually and physically.

The future holds many challenges. Our short term goals we struggle to achieve day by day. Our long term goals are waiting for us to step up, collectively, and make them a reality.

We have so much to offer to one another and to the rest of our community. We have beautiful services where we can participate in the sacraments, and give proper praise to God. We have several Ministries and special events to facilitate deeper relationships with Christ and one another. We have the opportunity to give back to God and to do the work of His Church.

As you consider your situation for the coming year, and you consider what you want out of your relationship with the parish, we entreat you to participate in as many services, events, and ministries as possible. Your participation is the most important ingredient to our parish. We are all aware of the situation with the economy. We know the effects that it has had on many of our parishioners. If you find yourself without means, or feel your financial situation as uncertain, please participate regardless. If your situation is not dire, and you have the means, participate and consider giving a little extra to help make up for those who are unable.

The upcoming General Assembly is scheduled for February 14th. There will be activities for children so parents can participate. There will be a light lunch provided so we do not go hungry. Amongst other things, we will be discussing the 2010 budget, and we will need to make decisions about how we will operate this year. If you have not filled out a 2010 stewardship card, please do so in advance of the General Assembly, and please plan to attend.

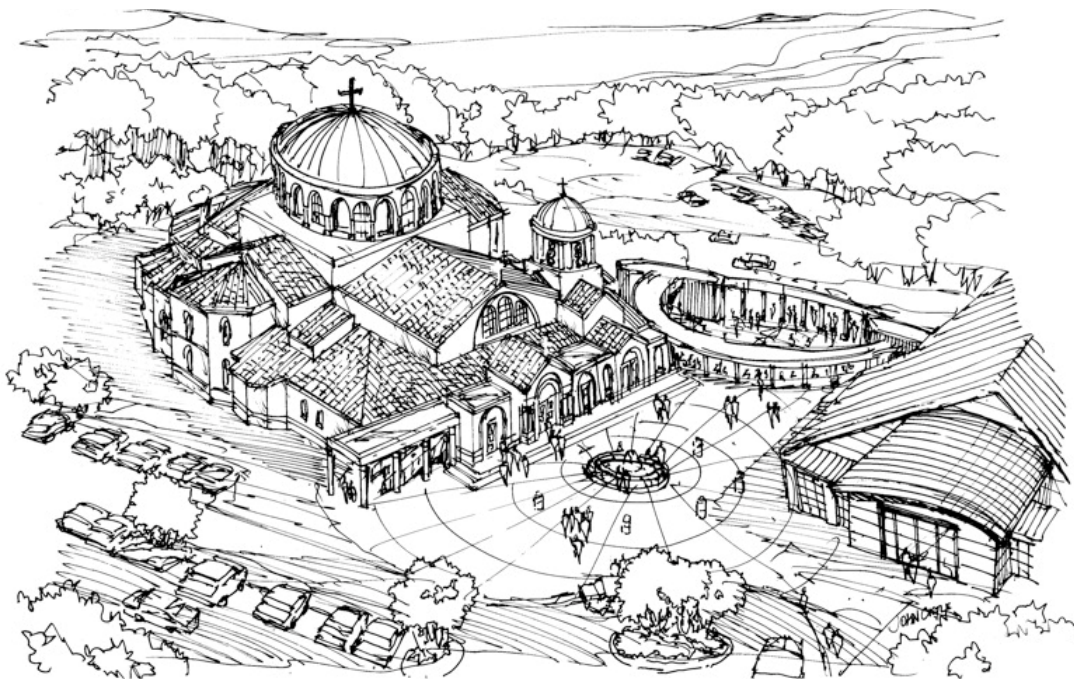
Again, thank you for all that you do. If there is anything you wish to discuss or need, feel free to approach me or any other Parish Council member.

In His Service,

Drew Dudley
Parish Council President

HOLY TRANSFIGURATION GREEK ORTHODOX CHURCH

Let us gather in the House of the Lord



Enabling our hearts to be encouraged, being knit together in love, and attaining to all riches through the understanding of the mystery of God.

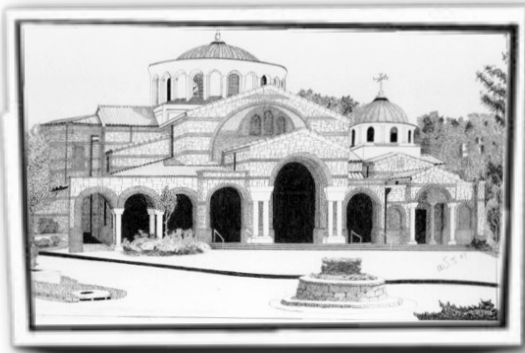
Col. 2:2

Please fill out your Pledge Card today and bring your offering to the Lord.

2010 Stewardship Pledge

"Honor the LORD with your substance and with the first fruits of all your produce." (Proverbs 3:9)





Gather My People to My Home

STEWARDSHIP PLEDGES FOR 2010

THANK YOU

TO THE FAITHFUL STEWARDS WHO HAVE
SUBMITTED PLEDGE CARDS FOR 2010!

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Mr. & Mrs. Plutarch Vamakias
Mr. & Mrs. Matthew Zakreski

161 Pledges - \$206,015.00

BUILDING & ICONOGRAPHY FUND PLEDGES FOR 2010



THANK YOU
TO THE FAITHFUL STEWARDS WHO HAVE
SUBMITTED PLEDGE CARDS FOR
THE BUILDING & ICONOGRAPHY FUNDS

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Mr. & Mrs. Richard Barke
Mr. & Mrs. Bob Bates
Mr. & Mrs. George Bilson
Mr. & Mrs. Kenneth Bilson
Mr. & Mrs. Robert Botni
Mr. & Mrs. Hal Bradford
Mr. & Mrs. Dan Brown
Mr. & Mrs. Kerry Buchan
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Mr. & Mrs. Anthanasios Kollias
Ms. Connie Kollias
Mr. & Mrs. Peter Kopsias
Mr. & Mrs. Christos Koronides
Mr. & Mrs. Dennis Koutouzis
Ms. Anna Lerios
Mr. & Mrs. David Linebaugh
Miss Sophia Linebaugh
Mr. & Mrs. James Linos
Mr. & Mrs. Elton Longshore
Mr. & Mrs. George Lopus
Mr. & Mrs. David Lukens
Mr. Paul Lundberg
Dr. & Mrs. Bobby Macris
Mr. Angelo Mallis
Mr. & Mrs. Dean Marianos
Mr. & Mrs. Paul Markley
Mr. Xanthippe Marsico
Mr. & Mrs. Mike Mavridis
Mr. & Mrs. Harry Mavromatidis

Mr. & Mrs. Francis McAteer
Mr. & Mrs. Sam McClurd
Mr. & Mrs. Andy Melissas
Mr. & Mrs. Kyriakos Michaelides
Mr. & Mrs. Alex Miltiades
Mr. & Mrs. Charles Miltiades
Mr. & Mrs. Demetri Miltiades
Mr. & Mrs. Stephen Miltiades
Mr. & Mrs. Leo Modenos
Mr. & Mrs. George Nakos
Miss Katina Niarchos
Dr. & Mrs. Evans Nichols
Mr. & Mrs. Marc Nichols
Mr. & Mrs. Dean Pallas
Fr. & Mrs. George Pallas
Mr. Tasi Pallas
Miss Clara Pantazopoulos
Mr. & Mrs. Aristotle Papadopoulos
Fr. & Mrs. Panayiotis Papageorgiou
Mr. & Mrs. Jon Papastrat
Mr. & Mrs. Nick Papeleacos
Mr. & Mrs. Casey Pater
Mr. & Mrs. Dean Paulson
Mr. & Mrs. John Peppas
Mr. & Mrs. Tony Porter
Mr. & Mrs. Lambros Rigas
Mr. & Mrs. Randy Rogers
Mr. & Mrs. Ted Sampanes
Mr. & Mrs. George Sarris
Mr. & Mrs. David Shelby
Mr. & Mrs. Takanori Shoji
Mrs. Mary Smith
Mr. & Mrs. Ron Sprouse
Mr. & Mrs. Steve Steffas
Mrs. Mary Stiakakas
Mr. & Mrs. Tim Tassopoulos
Mr. & Mrs. Jim Tucker
Mr. & Mrs. Ray Turner
Mr. & Mrs. Chris Vachtsevanos
Mr. & Mrs. Plutarch Vamvakias

97 Pledges - \$153,780

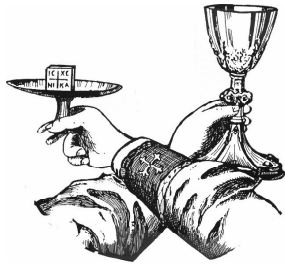


Mr. & Mrs. Peter Adamson
Mr. & Mrs. Jeffrey Alberts
Mr. & Mrs. Nicholas Bakatsas
Mr. & Mrs. Richard Barke
Mr. & Mrs. Kenneth Bilson
Mr. & Mrs. Hal Bradford
Mr. & Mrs. Tom Bundros
Mr. & Mrs. Greg Cassimus
Mr. & Mrs. Harry Catrakilis
Ms. Cathy Costarides
Mr. & Mrs. Shawn Dalton
Mr. & Mrs. Drew Dudley
Mr. & Mrs. Cedric Dunkerly
Mr. & Mrs. Jimmy Duvlaris
Mr. & Mrs. Theodore Ehmer
Mr. & Mrs. Jeff Fleshman
Mr. & Mrs. Jimmy Frangis
Dr. & Mrs. Larry Gess
Miss Martha Gingles
Mr. & Mrs. Ted Gormanos
Mr. & Mrs. Steven Hanes
Mr. & Mrs. Robert Isaac
Mr. & Mrs. Curtis Kimble
Mr. & Mrs. Manolis Kipreos
Mr. & Mrs. Alan Knuchel
Mr. & Mrs. Athanasios Kollias
Ms. Connie Kollias
Mr. & Mrs. Dennis Koutouzis
Miss Maria Linebaugh
Miss Sophia Linebaugh
Mr. & Mrs. James Linos
Mr. & Mrs. George Lopus
Mr. & Mrs. David Lukens
Mr. Paul Lundberg
Mr. & Mrs. Craig Mallie
Mr. & Mrs. Paul Markley
Mr. & Mrs. Mike Mavridis
Mr. & Mrs. Harry Mavromatidis
Mr. & Mrs. Andy Melissas
Mr. & Mrs. Charles Miltiades
Mr. & Mrs. George Nakos
Miss Katina Niarchos
Mr. & Mrs. Michael O'Brien
Fr. & Mrs. George Pallas
Fr. & Mrs. Panayiotis Papageorgiou
Mr. & Mrs. Jon Papastrat
Mr. & Mrs. Casey Pater
Mr. & Mrs. Dean Paulson
Mr. & Mrs. Lambros Rigas
Mr. & Mrs. Tim Rury
Mr. & Mrs. David Shelby
Mrs. Mary Smith
Mr. & Mrs. Michael Strakes
Mr. & Mrs. Chris Vachtsevanos

55 Pledges - \$22,134

Christ is asking for your Stewardship toward His Church

***Our Church needs our financial support.
Let us offer from the gifts God has given us.***



"Your Gifts, of what is Yours, we offer unto You, in behalf of all, and for all."

*Τὰ Σὰ ἐκ τῶν Σῶν, Σοὶ προσφέρομεν
κατὰ πάντα καὶ διὰ πάντα.*

*Ta sa ek ton Son, Si prosferomen kata
panta ke dia panta.*

***From the
Anaphora of the
Divine Liturgy***

We offer ourselves and all creation to the Lord at every Divine Liturgy with the words, *"Your Gifts, of what is Yours, we offer unto You."* We acknowledge that everything we offer to God is a gift from Him. We take what God has given to us and we return it to Him as an act of our thanksgiving and praise.

As stewards of God's gifts, we return to Him a portion of our time, talents and treasures for Christ's work on earth through His Church.

The Christian Stewardship Program is an opportunity to respond to Christ's love by perpetuating His ministry through the Church. Stewardship places the responsibility to support the Church exactly where it belongs, on us. Let us offer then from the goods He has given us back to Him: *"Your Gifts, of what is Yours, we offer unto You."*

How much should I offer to the Church in order to support the work of God?

Proportionate giving: This involves two things; Firstly, that our level of giving rises out of our level of income. Secondly, that our giving is an offer of thanksgiving for His blessings.

We should ask ourselves "what is a worthy level to determine my Stewardship?" The Bible gives much guidance by teaching us that direct giving to God and His work should be proportionate to our income, wealth and possessions. Each person is to give according to his or her own ability.

The Old Testament laid down the standard by asking for a percentage of one's income. This provides for us the principle that giving should be in proportion to our income. Each Steward should determine what percentage of his or her income will be committed to Christ and the Church for the current year.

We should consider what we spend on cable television, holidays, pets, dining out, sports events, vacations and so on. How do these compare with our giving for God's work?

We should ask ourselves if our Stewardship Commitment is serious and responsible before God. Is our gift a genuine response to the Lord: *"Your Gifts, of what is Yours, we offer unto You."?*

Offer your Stewardship each Sunday. Family members over 18 years of age, who are employed, should make their own Stewardship Commitment.

Participation in the Christian Stewardship Program allows each Greek Orthodox Steward to vote and to seek elective office in the administration of the parish as provided in the Archdiocesan and Parish By-laws.

ANNOUNCEMENTS



Our first annual New Year's dance was a huge success and entertaining for those who did not mind the cold weather and were able to attend. The food, the music, the atmosphere, the dancing and the pareo were awesome, and everyone had a great time. The event was very well organized and the decor was really welcoming for the coming of the new year. We celebrated it with great kefi and joy. The following people contributed to the success of the event and must be recognized and thanked: Pater Panayiotis, Yayia Xanthippi, Chris Danos, Lea Gormanos, Ike Tzortzis, Giota Nikolopoulos, Jimmy Duvlaris, Demetri Lymberopoulos, Dimitrakis Smith, Athan Tsarouhas and the orchestra of Lefteris.

ALL THOSE WHO HAVE BEEN BAPTIZED IN
CHRIST HAVE PUT ON CHRIST. ALLELUIA.

Veniamin Duarte - January 10, 2010
Gregorios (Craig) Mallie - January 10, 2010 (Chrismation)
Katherine Bell - January 17, 2010
Elias Musto - January 17, 2010



*CROWN THEM WITH GLORY
& HONOR*

Tony Orta & Lia Panayotidis - January 2, 2010
Theodore Ehmer & Stacey Sprouse - January 3, 2010

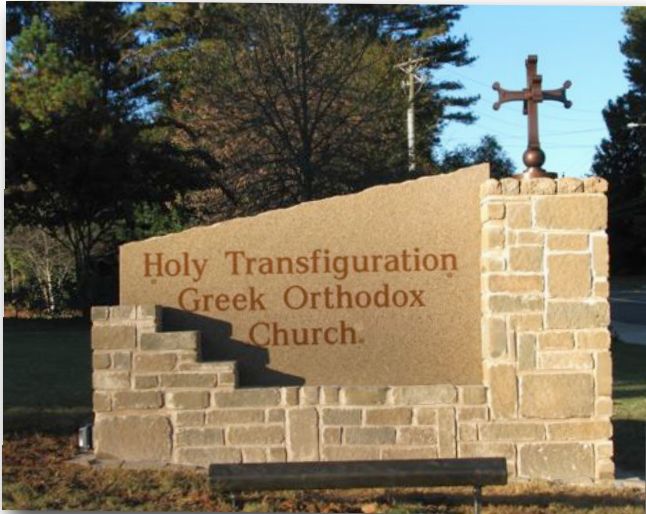


When writing out your checks or offering envelopes, please list your pin number and the fund you wish the donation to go into. In this way, there will be no question about where to place the funds. (Please note: a separate check is needed for each fund.)

If you have any questions about the pin number that has been assigned to your family, please contact the Church office.

Thank you.

ANNOUNCEMENTS

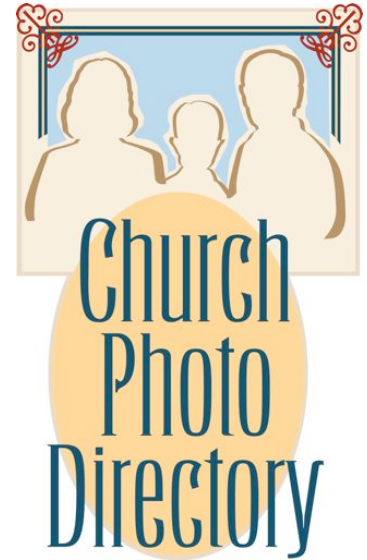


Church Sign Update – We want to thank the donors who have donated towards the main church sign. Their generous donation of money and materials has covered over half of the cost. We are still looking for donations to cover the remaining cost of \$4,600. If you are interested in donating, please contact Alex Miltiades or Anne at the church office.

We are gearing up to have a ***new church photo directory*** made. This year we will be using Olan Mills photographers. The photography sessions will be in March, and we will have four days for you to sign up and get your family's portrait done: **March 2, 11, 12, & 13** from **3:00pm to 9:30pm**. One photo of your choice will be given to you at no charge and you will have the opportunity to purchase additional photographs if you want to. You are under no obligation to buy anything. We would like to update our directory as it has been almost three years since our last directory, and we have so many new families that have joined our community!

Please encourage everyone you know to have their photograph done. We hope to have 100% participation this year. Sign up online at:

<https://signup.olanmills.com/familyinfo.aspx?chcontract=50424>



Being that our Ecumenical Patriarch Bartholomew has been named the Green Patriarch and that he is emphatic about doing everything possible for the good stewardship of the earth, we have decided to start a recycling program at our church. While at church, be aware of your trash and separate what can be recycled. We will have additional cans labeled for recyclable material. We will begin by recycling newspaper, office paper, cardboard, and plastic water bottles in these cans. Eventually, we hope to expand to recycle more plastics. Please be aware and do not contaminate our recycle containers with regular trash. If we can reduce our trash load, we can save the church some expense in that area.



Mark Your Calendars....
For the 20th Annual...Marietta Greek Festival....
May 14, 15 and 16, 2010

Meet the 2010 Marietta Greek Festival Board -

Athan Tsarouhas – Chairperson
Theodore Georgacopoulos – Logistics
Terry Bliss – On Site
Elizabeth Miltiades – Food
Jim Niarchos – Fund Raising
Pam Starks – Culture and Entertainment

We need your help - Our biggest immediate need is to start our fundraising efforts, which includes Corporate Sponsorship, Program Book, Booth Sponsorship and Publicity. If you have Marketing, Advertising or Public Relations experience, we invite you to join our fund raising team. Please contact Jim Niarchos at niarchos@bellsouth.net or call 404-386-7933. If you would like to volunteer to co-chair a committee, there are still some available slots. Please contact Athan Tsarouhas at athant@bellsouth.net or call 404-538-5469.

Festival Planning Meeting Dates

All meetings for Board Members are scheduled to take place at 12:30pm on Sundays after Divine Liturgy in the downstairs classrooms on the following dates. The meetings for all committee and board members will be held at the same times in the Chapel. Additional meetings may be scheduled as needed by the board members with their committee chairs.

Board Members only
April 11th, 2010

All Committee Chairs
March 7th, 2010
May 2nd, 2010

Festival Cooking

March 2nd - Keftedes - 4:00pm to 10:00pm
Contact: Elizabeth Miltiades - emiltiades@hotmail.com

Start spreading the word...

Please tell your friends, neighbors and coworkers about our upcoming Greek Festival – through emails, Facebook, etc. It's always held on the weekend after Mother's Day. We are happy to donate Festival Gift Cards for school or other charity events – great for Door Prizes and Silent Auctions! Please contact Jim Niarchos or Athan Tsarouhas for more details.



Dear Fellow Parishoners,

As you know, May is Marietta Greek Festival month, and we are inviting you to help support our 20th annual festival by participating in our Festival Program Book campaign. Here's your chance to make the 2010 festival more successful by increasing program book advertising. The challenge to you is to contact 2 potential advertisers (or "Festival Friends")---where you shop, your doctor/dentist, hair stylist, service garage, car dealership, lawyer, accountant, etc. and ask them to place an ad in our program book. Or, you could even purchase ad space yourself to announce a family event (e.g. a new baby/grandchild, graduation, engagement, anniversary, etc.) or just a message of support for a successful festival. We have a number of sponsorship and support options to fit various levels of involvement and advertising needs. To help you promote our advertising campaign and the impact of our festival on the community, we have prepared answers to many frequently asked questions. If you have additional questions, please contact Linda Lopos at 678-445-3556 or llopos@bellsouth.net.

Frequently Asked Questions

What is the Marietta Greek Festival? Primarily, the festival is a celebration of our culture and heritage. It is also a major fundraising event for Holy Transfiguration Greek Orthodox Church. It is planned, organized and staffed entirely by church members and volunteers. This year's festival will take place on the church grounds during the weekend of **May 14, 15 and 16, 2010**.

Where do the proceeds go? All proceeds go to the Building Fund of Holy Transfiguration Greek Orthodox Church.

Are donations tax deductible? Yes, all donations are tax deductible.

What happens at the Festival? The Festival showcases our Orthodox faith and the vibrant Greek culture: its food (especially the food!), music, art, and dancing. The food includes traditional home-made Greek lunch and dinner menu items, along with Greek pastries and beverages at Nikko's Coffee House. Vendors feature a wide selection of gifts, including many authentic Greek items, in an indoor Agora market place. Greek dance troupes perform throughout the weekend in the amphitheater, accompanied by non-stop live Greek music.

How long has the festival been held? This is the 20th annual Marietta Greek Festival.

How many people attend the Marietta Greek Festival? Our numbers continue to grow! We had 10,000 in 2004; 12,000 in 2005; 13,500 in 2006...and estimate over 15,000 in 2010.

How can we support this Festival? There is a program to fit every budget and desired level of support. We accept monetary donations through sponsorships and advertising in our Festival Program Book. We also accept donations of festival supplies. Your support will be recognized in a special sponsor section in the Festival Program Book

What is the Festival Program Book? It is a 40-44 page informational booklet that is provided free to festival attendees. Designed as a take home "keeper", this Visitor's Guide includes our Church history, information about Greece, schedules and locations of events, a menu guide, and a festival layout. There is even a "Speak Greek" page for anyone who wants to become "Greek for a Day." Our advertisers and their support of the Marietta Greek Festival is a featured part of the book – an estimated 15,000 visitors can read your ad!



You can purchase advertising for as little as \$100 for a 1/8 page ad, \$250 for a 1/4 page ad, \$350 for a 1/3 page ad, \$600 for a 1/2 page ad, and \$1,500 for a full page. Our Festival Program Book also includes a **“Festival Friends”** directory which lists your name/business name, email or web address, and phone number at \$50 per listing. The listing is **free** with all ad placements paid in full by the **April 1 deadline**.

The following featured sponsorships provide additional valuable “perks.”

Cornerstone Sponsor**

Donation of \$4000

- full page, full color ad on the back cover of the program book
- special recognition as the Cornerstone Sponsor in the sponsor section of the program book
- on-site advertising on festival banner and on festival dinner placemats
- festival website listing with a hot-link to your company website

Platinum Sponsor**

Donation of \$2500

- full page, full color ad on either back inside cover or front inside cover of the program book
- special recognition as a Platinum Sponsor in the sponsor section of the program book
- on-site advertising on festival banner and on festival dinner placemats
- festival website listing with a hot-link to your company website

Gold Sponsor

Donation of \$1500

- full page, full color ad in a special centerfold section of the program book
- special recognition as a Gold Sponsor in the sponsor section of the program book
- on-site advertising on festival banner and on festival dinner placemats
- festival website listing with a hot-link to your company website

Silver Sponsor (NEW THIS YEAR)

Donation of \$1000

- full page, black and white ad in the program book
- special recognition as a Silver Sponsor in the sponsor section of the program book
- on-site advertising on festival banner and on festival dinner placemats
- festival website listing with a hot-link to your company website

**** Right of first refusal given to last year's sponsors**

If each of us makes these contacts, we can extend our Festival to new audiences, help them understand and enjoy our culture, and contribute significantly to our Building Fund. Additionally, if you or anyone you know is interested in placing an ad in our Festival Program Book, please contact Linda Lopos at 678-445-3556 or llopos@bellsouth.net. **You can make a difference!**

May God bless you and your family!

The Marietta Greek Festival Program Book Committee

Winter Youth Rally



The girls' basketball team: Back to back champs!



The Bible Bowl Team: Took third place...and the champs to quintuple overtime (below)



GOYA: Pre-Christmas Cleaning



Michael and Nicholas diligently scraping wax.

GOYA started off on the 23rd with a visit to the nursing home up the street, bringing the residents cookies that we decorated and singing Christmas carols. We then spent some time cleaning the nave for the Christmas services. The evening ended with pizza, a viewing of *Elf*, and confession for anyone who wished to receive it.



Sophia, Drew, and Stephanie attack the dust.

GOYA Quarterly Activities



"Grant me tears falling as the rain from heaven,
O Christ, as I keep this joyful day of the Fast..."

Clean Monday Retreat

February 15th

4:00 - 7:00 PM

Come for a time of spiritually focused
activity and personal reflection.
There will be a light snack offered before
Compline at 6 PM.

The St. John Chrysostom Oratorical Festival

February 27th

5 PM: Great Vespers

6 PM: Potluck supper

Speeches will follow.

For more information,
contact Paul Lundberg
at the church office.

Middle School Boys' Lock-in



One ring to rule them all...

February 26th-27th,
beginning after the
Salutations

Don't forget!

Our next Youth Sunday is
February 21st, the Sunday of
Orthodoxy. Be on time to help
lead the singing.



GOYA Wednesdays in February

Feb.
3



Pigpen Games

Bring some grubby
clothes...you will
get dirty!

Feb.
10



Sheep vs. Goats

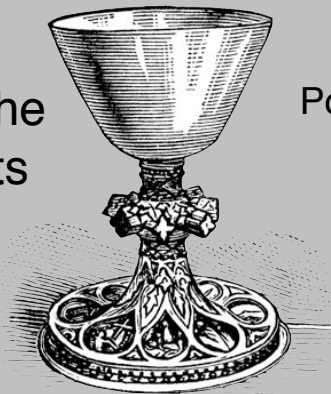
Final pre-Lenten
competitive
craziness...



Feb.
17

Divine Liturgy of the
Presanctified Gifts

5:45 PM



Potluck Supper at 7:00 PM

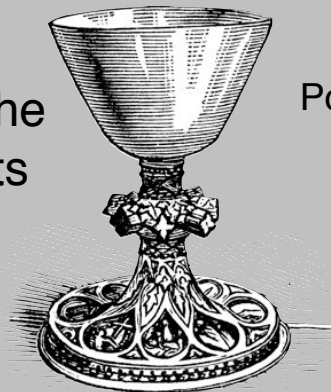
GOYA fireside chat:

Alice in Edenland
(Mr. Paul)

Feb.
24

Divine Liturgy of the
Presanctified Gifts

5:45 PM



Potluck Supper at 7:00 PM

GOYA fireside chat:

TBA

2009-2011 Philoptochos Board



President:	Annette Jacobs
1st Vice President:	Nikki Palamiotis
2nd Vice President:	Friday Paulson
Recording Secretary:	Dorothy Macris
Corresponding Secretary:	Penny Miltiades
Treasurer:	Mary Miltiades
Advisor:	Marty Driscoll
Board Members: Nancy Barke, Evelyn Bilson, Dorothy Botni, Athena Burke, Peggy Dunkerly, Niki Gess, Linda Lopos, Rosemary Peppas, Christine Sprouse, Irene Steffas	

Our Commitments for February: The Autism Assistance Fund will heighten awareness of autism and provide assistance and support to persons within the autism spectrum. Our second commitment this month is to the Saint Photios Shrine. The Averro house was purchased in 1965 in historic St. Augustine, Florida to commemorate the arrival of the first Greek settlers to the New World in 1768. This commitment helps provide financial assistance towards the preservation of this National Shrine.

Haiti Contributions: If you would like to make a donation to Philoptochos for Haiti, please contact any board member or visit the Philoptochos table after Divine Liturgy during Coffee Hour. We will be sending your donations along with a donation from Philoptochos to the IOCC.

Board Meeting – Our next board meeting is **Monday, February 15, 2010**, in the PLC, after services (no dinner).

Book Club: This month we will gather on **Thursday, February 25th at 7:00pm**. The book and location will be announced soon in the weekly bulletin.

General Meeting in February – Our **February 11, 2010** meeting will be a morning meeting at **9:30am** to accommodate those that are unable to attend meetings in the evening. We will have someone from Northside Hospital speaking to us about Healthy Hearts. Moms of preschoolers are welcome to bring your children with you. We will have an area for them to play.

Soup Kitchen – Our next Soup Kitchen is **Thursday, February 25th**. Please contact **Athena Burke** at ibgreek@bellsouth.net or **678-462-9775** to cook, serve, donate food or make a monetary donation.



Godparents' Luncheon – Invite your Godparent or Godchild to join you as we host our annual Godparents' Luncheon on **Sunday, February 7, 2010**. Tickets can be purchased after Divine Liturgy in the PLC during coffee hour. Tickets are \$6 each for children and adults. The menu includes: Spaghetti / Meat Sauce, Salad, Bread and Dessert. Pictures with Godparents will be available and crafts for the children will be sponsored by HOPE and JOY. All proceeds from this event will go to our Social Services Fund. We look forward to seeing all of you there! If you have any questions, please contact Friday Paulson fpaulson@bellsouth.net or Nikki Palamiotis greekgirlnikki@aol.com.

COMING SOON! Philoptochos will have a Kollyva instructional video for sale very soon. The cost will be only \$5 and include a DVD and instructions. Look for availability in an up coming bulletin.

MARK YOUR CALENDAR

FEBRUARY 2010

Sunday, 07	Godparent's Luncheon
Thursday, 11	General meeting, 9:30am
Monday, 15	Board Meeting, PLC, 7:00 after services (no dinner)
Thursday, 25	Soup Kitchen, MUST Ministries, 11:30am
Thursday, 25	Book Club, Home TBD, 7:00pm

March 2010

Friday, 12-14	Metropolis Retreat Weekend
Monday, 15	Board Meeting, PLC, 7:00 after services (no dinner)
Sunday, 21	Host Coffee Hour
Monday, 22	General Meeting, PLC, 7:00pm
Thursday, 25	Soup Kitchen, MUST Ministries, 11:30am
Thursday, 25	Book Club, 7:00pm

The Metropolis of Atlanta Philoptochos
4th Annual Spiritual Retreat ~ Diakonia Center
*Come enjoy a fun weekend getaway with friends at the beautiful
Diakonia Center – in nature with the “comforts of home”*

Open to ALL PARISH WOMEN
Friday – Sunday, March 12-14
Presbytera Vassi Makris Haros, M.A.

**“Living a Spirit-Filled Life through the
Heart of Mary in a Martha World”**

A lively discussion of Women Saints: Can they connect to women of the Church in 2010?



Some examples we are considering:

- St. Thekla- evangelism
- St. Xenia- humility
- St. Elizabeth the Grand Duchess- generosity
- St. Irene- perseverance
- St. Katherine- knowledge of faith
- St. Olympiada- mother
- St. Markella- purity
- St. Helen- defending the faith

Arrive at the Diakonia Center: Friday Evening, March 12, between 4:00 & 6:30pm
Departure: After Brunch on Sunday, March 14, 12:30pm
Cost: \$140 per person (includes lodging, meals, materials, snacks)

To register contact: Irene Politis, ipolitis@yahoo.com
704.552.9068 (home) 704.451.4243 (cell)
(105 Kuralt House Court ~ Charlotte, North Carolina 28210)

For local travel details contact: Marty Driscoll, martydriscoll@bellsouth.net

PRIME TIMERS NEWS



Our 2010 Board

Mary Stiakakis, Linda Lopos (Pres.), Dorothy Botni (Treas.), Phil Kiritsy (V.P.), Evelyn Bilson, Joan Koronides
Not pictured: Dena McCollum (Sec.), Gerre Klementzos, Niki Gess

We are looking forward to another year of fun and fellowship---more trips to the museum, botanical gardens, theater, and Rome Braves baseball games are among the many trips and activities being planned. On Saturday, January 16, we had a very worthwhile workshop on Senior Scams, which included a delicious lunch and materials to help us keep safe and to make informed decisions.

On Sunday, December 27, we presented Fr. Panayiotis with a check for \$1425 to be used toward the purchase of the Icon of the Holy Transfiguration of Christ for the *Iconostasion*. We thank the following members for their additional donations for the icon: Sam and Anne Rigas, Chris and Sis Hondras, George and Linda Lopos, Frank and Sandy McAteer, Dennis and Pat Koutouzis, Irene Kipreos, Bob and Dorothy Botni, Martha Gingles, Constantine and Ann Seraphim, Mary Stiakakis, Connie Stratigos, George Dracos, Marjorie Marinos, Caryl and Toulia Nielsen, Larry and Niki Gess, George and Evelyn Bilson, and Phil and Shirley Kiritsy,

Mark your calendars for these upcoming trips:

- Sunday, February 14: The High Museum (Leonardo DaVinci exhibit) followed by dinner
- Saturday, March 6: The Atlanta Botanical Gardens Orchid Daze: Towers of Flowers

More details coming soon.

We hope to increase our membership this year. Remember, Prime Timers is for ALL parishioners, 50 and older.

Contact Linda Lopos at 678-445-3556 or Dorothy Botni at 770-971-9956 for more information.

Greek Church sues Turkey over treatment in Cyprus



The Greek Orthodox church of Cyprus has taken Turkey to the European court of human rights over allegedly preventing the 500 Greek Cypriots living in the Turkish north worshipping at religious sites there, a church lawyer said today.

The lawsuit concerns 520 churches, monasteries, chapels and cemeteries under Turkish control since Turkey invaded Cyprus in 1974, said Simos Angelides. The north's Greek Cypriot community cannot worship at these sites because they are either derelict or have been converted into mosques, army barracks, stables or nightclubs, he added. Turkish officials were not immediately available for comment.

The Mediterranean island is split along religious as well as ethnic lines. The Greek-Cypriot south, seat of the country's internationally recognized government, is overwhelmingly Greek Orthodox. The Turkish-Cypriot north is Muslim, but some 500 Greek Cypriots still live there.

The lawsuit will likely further stoke tensions between Turkish Cypriots and the church leader, Archbishop Chrysostomos II, whom they see as an outspoken but influential hardliner representing a nationalist fringe.

It is unlikely, however, to damage ongoing reunification talks between the Greek Cyprus president, Dimitris Christofias, and Turkish Cypriot leader, Mehmet Ali Talat.

Although critical of Christofias' handling of the talks, Chrysostomos has been careful not to interfere, saying the lawsuit is not linked to the peace process. The church is suing Turkey because the court's past rulings hold that country responsible for the north, where it keeps 35,000-strong military force, Chrysostomos told the Associated Press.

The church has "documented proof" of the destruction of religious sites in the north, and will seek unrestricted access to its property there so the faithful can worship freely, he said.

The archbishop added that the church was also seeking damages for being denied use of property that should be restored to its pre-invasion condition wherever possible.

"It's obvious that the only reason why these aforementioned rights are being violated is because we are Greek Cypriot Orthodox Christians," Chrysostomos said.

<http://byztex.blogspot.com/2009/11/greek-church-sues-turkey-over-treatment.html>

Study: Rules improve parent-child relationship

February 21, 2001, Web posted at:10:03 a.m. EST (1503 GMT)

WASHINGTON (CNN) -- Teens whose parents have established rules in the house have better relationships with their parents and a substantially lower risk of smoking, drinking, and using illegal drugs than the typical teen, a new study shows.

The study was released Wednesday by The National Center on Addiction and Substance Abuse. The findings were part of its sixth annual national teen substance abuse survey.

The study evaluated a "hands-on" approach versus a "hands-off" approach, and found that only one in four teens lives with "hands-on" parents, but those teens are at one-quarter the risk for drug abuse than those living in "hands-off" households. Teens living in "hands-on" households have parents who consistently take 10 or more of the following 12 actions:

- Monitor what their teens watch on TV
- Monitor what their teens do on the Internet
- Put restrictions on the CDs they buy
- Know where their teens are after school and on weekends
- Are told the truth by their teens about where they really are going
- Are "very aware" of their teens academic performance
- Impose a curfew
- Make clear they would be "extremely upset" if their teen used pot
- Eat dinner with their teens six or seven nights a week
- Turn off the TV during dinner
- Assign their teen regular chores, and
- Have an adult present when the teens return home from school

The survey found that despite conventional wisdom that many teens don't want their parents to establish rules and expectations, 47 percent of teens living in "hands-on" households reported having an excellent relationship with their fathers and 57 percent reported an excellent relationship with their mothers. Only 13 percent of teens with "hands-off" parents reported an excellent relationship with their fathers and 24 percent reported an excellent relationship with their mothers.

"Moms and dads should be parents to their children, not pals," said CASA's president, former U.S. Secretary of Health, Education and Welfare Joseph A. Califano Jr. "Mothers and fathers who are parents rather than pals can greatly reduce the risk of their children smoking, drinking and using drugs."

For the sixth straight year, teens said drugs were their greatest concern. Teens said it is easier to buy marijuana than cigarettes. According to the survey, fewer teens said they expected to "never try" an illegal drug.

Asked what their biggest concern was, CASA reported, 31 percent of teens said, "drugs can ruin your life and cause harm." Seventeen percent said "I feel pressure to use drugs." This year's survey was also the first to ask teens about their proximity to Ecstasy. Of surveyed teens, 28 percent said they know a friend or classmate who has used the drug. Ten percent said they had been to a rave and said Ecstasy was available 70 percent of the time.

The survey looked at 1,000 American teens, 526 girls and 474 boys between the age of 12 and 17.

<http://www.cnn.com/2001/HEALTH/parenting/02/21/drugs.teens/>

February 2010

January 2010							February 2010							March 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2														
3	4	5	6	7	8	9			1	2	3	4	5	6						
10	11	12	13	14	15	16			7	8	9	10	11	12	13					
17	18	19	20	21	22	23			14	15	16	17	18	19	20					
24	25	26	27	28	29	30			21	22	23	24	25	26	27					
31									28							28	29	30	31	

- Social Events/Rentals
- Divine Services
- Ministry Meetings
- Work
- Home
- US Holidays
- Sacraments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 7th Sunday o...Prodigal Son... 8:45 AM Orthros 10:00 AM Divine Liturgy 11:15 AM Catechism 11:30 AM Memorial Services are given by George & 12:30 PM Greek Letters Day 5:00 PM HOPE/JOY Meeting	1 10:00 AM Blessing of the Water 6:00 PM Great Vespers 7:00 PM Parish Council Meeting	2 Presentation ... Jesus Christ Groundhog Day 9:00 AM Orthros 10:00 AM Divine Liturgy 5:30 PM Hellenic Studies 7:00 PM Choir Practice 7:00 PM Introduction to Orthodoxy	3 10:00 AM Bible Study 6:30 PM Stewardship Meeting 7:00 PM GOYA Meeting	4 1:30 PM Tsahakis Wedding Set-Up 7:00 PM Bible Study	5 9:30 AM Tsahakis Wedding Set-Up 5:00 PM Tsahakis/Wilson Wedding Rehearsal	6 Saturday of the Souls 8:45 AM Orthros 10:00 AM Divine Liturgy 4:00 PM Tsahakis/Wilson Wedding 6:00 PM Tsahakis Wedding Reception
7 Meat-Fare Sunday 8:30 AM Orthros 10:00 AM Divine Liturgy 11:15 AM Catechism 11:30 AM A 30 year Memorial Service is given by 12:00 PM Coffee Hour 12:30 PM Philoptochos	8 President's Day Clean Monday...f Great Lent. 6:00 PM Great Compline 7:00 PM Philoptochos Board Meeting	9 5:30 PM Hellenic Studies 7:00 PM Choir Practice 7:00 PM Introduction to Orthodoxy	10 10:00 AM Bible Study 7:00 PM GOYA Meeting	11 9:30 AM Philoptochos General Meeting 7:00 PM Bible Study	12 Lincoln's Birthday St. Mary of Egypt	13 Saturday of the Souls 8:45 AM Orthros 10:00 AM Divine Liturgy 1:30 PM Altar Server Workshop 5:00 PM Great Vespers 6:00 PM Cumming Philoptochos Valentine's Dance
14 Cheese-Fare Sunday Valentine's Day 8:30 AM Orthros 10:00 AM Divine Liturgy 11:15 AM Catechism 11:25 AM A 40 day Memorial Service is given by 11:30 AM A five year and 2 more...	15 President's Day Clean Monday...f Great Lent. 6:00 PM Great Compline 7:00 PM Philoptochos Board Meeting	16 5:30 PM Hellenic Studies 7:00 PM Choir Practice	17 First Wednesday... of Great Lent 5:45 PM Divine Liturgy of the Presanctified Gifts 7:00 PM Lenten Dinner/Lecture/Discussion	18 6:00 PM Great Compline	19 7:00 PM First Salutation to the Theotokos	20 Divine Liturgy...h the Kolliva. 8:45 AM Orthros 10:00 AM Divine Liturgy 3:00 PM Jelev/James Wedding Reception 5:00 PM Great Vespers
21 Sunday of Orthodoxy 8:30 AM Orthros 10:00 AM Divine Liturgy 11:30 AM A 40 day Memorial Service is given by George Nakos for his mother's 6:00 PM Pan-Orthodox Vespers	22 Washington's Birthday 6:00 PM Great Compline	23 5:30 PM Hellenic Studies 7:00 PM Choir Practice	24 Second Wednesday... of Great Lent 5:45 PM Divine Liturgy of the Presanctified Gifts 7:00 PM Lenten Dinner/Lecture/Discussion	25 11:30 AM Soup Kitchen 6:00 PM Great Compline 7:00 PM Philoptochos Book Club	26 Middle School Boys Lock-In 7:00 PM Second Salutation to the Theotokos	27 5:00 PM Great Vespers 6:00 PM Parish Oratorical Festival
28 Second Sunday...ory Palamas. 8:30 AM Orthros 10:00 AM Divine Liturgy 11:15 AM Catechism 11:30 AM A one year Memorial Service is given 11:40 AM A one year Memorial Service is given 12:00 PM Hellenic Dance	1 7:00 PM Parish Council Strategic Planning Meeting	2 4:00 PM Festival Cooking (Keftedes) 7:00 PM Choir Practice	3 5:45 PM Divine Liturgy of the Presanctified Gifts 7:00 PM Lenten Dinner/Lecture/Discussion	4	5	6

HOLY TRANSFIGURATION GREEK ORTHODOX CHURCH

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Web Page: www.holytransfiguration.info/

Web Page: www.mariettagreekfestival.org

Rev. Fr. Panayiotis Papageorgiou, Ph.D., Protopresbyter

Rev. Fr. George Pallas, Protopresbyter

Paul Lundberg, Pastoral Assistant

Anne Willcocks, Parish Secretary

DATE	PARISH COUNCIL DUTY	ACOLYTES	GREETERS	PROSFORO
Feb. 7, 2010	D. Dudley/C. Dunkerly	Team I	TBA	F. Mavridis/Melissas Family
Feb. 14, 2010	A. Miltiades/C. Westmoreland	Team II	TBA	M. Miltiades/L. Turner
Feb. 21, 2010	H. Catrakilis/M. Kipreos	Team I	TBA	K. Niarchos/M. Nikolov
Feb. 28, 2010	P. Bilson/T. Isaac	Team II	TBA	T. Pallas/M. Papadimitriou

Altar Server Teams

Team 1: Charles Honey, Jonathan Radivoj, George Caras, Dylan Rogers, Will Pappleacos, Stratton Paulson, Alexander Georgacopoulos, Nicholas Azimzadeh, Nicholas Radivoj, Yianni Turner, Zach Melissas, Michael Marianos, Paul Jacobs, Christopher Bilson, Leo Frangis, Michael Papadimitriou, Nicholas Gekas, Matthew Shanahan, Anthony Bundros, Alex Skarpelis, Chris Danos

Team 2: Nick Catrakilis, Nick Steffas, Alex Elias, Michael Sarris, Evans Nichols, Nick Brewer, Graeme Hunt, Daniel Bridgers, Zach Derr, Luke Tassopoulos, Alex Brewer, Mike Steffas, Dean Papastrat, Eli Nichols, Michael Bridgers, Nicholas Tassopoulos, Nicholas Zakreski, Lucas Porter, Jacob Harrah, Chris Bridgers, Stephen Harrah, Nick Danos